



Hand Washing Techniques

Washing those germs right out of your life.

Prevent the spread of disease by washing your hands frequently or using an alcohol-based hand sanitizer. There's a technique to proper hand washing. Wet your hands with clean running water and apply soap. Lather and scrub well for at least 20 seconds. Rinse and dry thoroughly. Clean hands can help keep you healthier and prevent you from spreading germs to others.

And that's smart safety!

For additional information or guidance, contact your safety office.