# Your SMART SAFETY Moment

# Seatbelt Safety

Restrain yourself — and your family.

Car crashes are the leading cause of death for age 4 and ages 11 through 27 in the United States, according to the National Highway Traffic Safety Administration. Buckling up is the most important safety measure you can take to protect yourself in a crash. During a collision, wearing your seatbelt prevents you from hitting the windshield, steering wheel, door or something else. It also keeps you from being thrown from the vehicle.

You can be fined in 49 states for not wearing your seatbelt. Wearing seatbelts reduces injuries and saves lives and money.

And that's smart safety!

For additional information or guidance, contact your safety office.