

## **Rush Hour Driving**

## Chill.

Evening rush hour is one of the most dangerous times to drive. Roadways are crowded. Drivers want to get home after work. In winter, darkness compounds an already stressful situation. What can you do? Don't be an impatient driver — slow down. Stay in your lane and beware of drivers who don't. Even though the route may be familiar, don't drive on autopilot — stay alert. If you're in an unfamiliar area, consult a map before you leave and memorize your route. Don't use your phone or do anything that takes your mind off the road.

If you take extra care when driving during rush hour, chances are you'll make it home for dinner.

And that's smart safety!

For additional information or guidance, contact your safety office.