



## Helmets Required

Don't be a hard head — wear a helmet.

Postal Service employees who use a bicycle or tricycle in the performance of outdoor duties must wear a helmet. Helmets should fit snugly without any movement from side to side, have a chin strap and comply with Consumer Product Safety Commission regulations.

Wearing a bike helmet helps prevent head injuries in accidents. For more information refer to Management Instruction EL-823-2016-5, Bicycle Helmets.

And that's smart safety!

For additional information or guidance, contact your safety office.

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