



## Listen to That Voice in Your Head

Are you talking to me?

Heed your inner voice. If you're doing a task and something doesn't seem right, it's OK to stop and figure it out. Don't dismiss your red flags and keep going. You don't have to be an expert on safety regulations to identify a problem. If it doesn't look right or doesn't feel right, then it isn't right.

Too often after an injury someone will say, "I knew that was going to happen one day." Let's take action now before someone gets hurt.

And that's smart safety.

For additional information or guidance, contact your safety office.