

Hand-washing

It's like a do-it-yourself vaccine.

There are five simple steps to effective hand-washing. Wet. Lather. Scrub. Rinse. Dry. Regular hand-washing is one of the best ways to remove germs, avoid getting sick and prevent the spread of germs to others.

Take these steps to help protect yourself and others.

And that's smart safety!

For additional information or guidance, contact your safety office.