

Your **SMART** 
SAFETY Moment

Walking Hazards

Walk much?

Anticipate hazards as you're walking. Slow down when you approach a corner. If you think a surface might be slippery, take short, sure steps instead of longer strides. Make sure you can see over the top of parcels you're carrying. Keep one hand free to use handrails on stairways. Wear slip-resistant footwear, appropriate for the weather. Leather-soled shoes or high heels are especially hazardous in winter weather.

Following these tips will help keep you from a fall that could result in injury and lost work days.

And that's smart safety!

For additional information or guidance, contact your safety office.