

I Have a Best Friend at Work

Call it social dynamics.

Throughout our lives, we spend a lot of time at work. We instinctively look to develop friendships at work in which we feel respected and trusted. Having a best friend at work can help employees feel more engaged — and with best friends, teams will be more likely to see a positive impact on business results. It's simple: People with friends at work are happier at work.

It helps build mutual trust and teamwork.

And that's smart business.